

## HAJJ COMPASS

### Spiritual Journey: Hajj Al-Tamattu – Holy pilgrimage to Makkah SA

Stage	Hijr Calendar	Performing rituals	Locations	Symbolism
1	<p style="color: blue;"><b>Umrah</b></p> <p>On arrival to Makkah, perform Umrah before Hajj.</p> <p style="color: red;">Bukhari vol 2</p> <p style="color: red;">Quran 2: 196-197</p>	<ol style="list-style-type: none"> <li>1 Tawaaf - encircling the Ka'bah 7 times</li> <li>2 Praying - two rakat nafil namaz at Prophet Ibrahim's Station</li> <li>3 Zam Zam water – drink natural spring water from well</li> <li>4 Sa'ee – walk to and fro between mount Safa and mount Marwah</li> </ol> <p><i>Prior to performing Umrah, enter Makkah in Irham state (state of purity). And make Niyyat - expressing intention to start the performance of Umrah.</i></p> <p style="color: red;"><b>Quran 2:158, Quran 22: 26-30</b></p> <p style="color: red;">Bukhari vol 2</p>	<p style="text-align: center;">Makkah</p> <p style="text-align: center;">Al Haram Masjid</p>	<p>The Ka'bah is described as the first house of worship in Makkah. <span style="color: red;">Quran 3: 96</span></p> <p>The Ka'bah is a spiritual centre where believers gather to be near their Allah.</p> <p><b>The encircling of the ka'bah</b> symbolises oneness and unity of the believers in the worship of One God, as they move in harmony together around the Ka'bah, while praying to Allah. <span style="color: red;">Mohamed 2008</span></p> <p><b>The tawaaf</b> symbolises that everyone is equal in the eyes of Allah. Individually, the tawaaf symbolises total submission to Allah.</p> <p>Revolving anti-clockwise 7 times around the ka'bah reflects Allah's creation of the universe: the earth revolves around the sun and the moon orbits around the earth counter clockwise. <span style="color: red;">Quran 21:33</span></p> <p>Prophet Ibrahim and his son Ismail built the foundations of the Ka'bah. Later it was rebuilt by Prophet Mohammed in.. <span style="color: red;">Quran 2:127 , Bukhari vol 2, Mubarakpuri 2002</span></p> <p><b>Sa'ee</b> symbolise patience and perseverance. Performance of Sa'ee commemorates Hagera's (Prophet Ibrahim's wife) courage and faith in Allah as she ran 7 times between the hills: Safa and Marwa searching for water for her infant Ismail. <span style="color: red;">Quran 2:158, Bukhari vol 2, and Genesis 21: 17</span></p> <p>God caused a spring to burst forth from the ground, where Ismail's heel lay. <span style="color: red;">Genesis 21:17-19 King James Version (KJV)</span></p>

2	<p>8<sup>th</sup> Hijr - Day 1 of Hajj</p> <p>Travel to Mina before noon and stay night in tents until sunrise</p> <p>Bukhari vol 2</p>	<p>Engage in prayers, praising and glorifying Allah. Absorb in worship and duas. Pray 5 salah starting: Zuhr, Asr, Maghrib, Isha and pray the fajr next morning on the 9th Hijr.</p> <p><i>Prior to travelling to Mina, Pilgrim re-enters the state of Ihram for Hajj from his location in Makkah. And makes Niyyat – expressing intention to perform Hajj.</i></p> <p>Bukhari vol 2</p>	<p>Mina</p> <p>Residing in tents</p>	<p>Time to contemplate and reflect. Time for prayers and total devotion to Allah.</p> <p>Time at Mina promotes:</p> <ul style="list-style-type: none"> <li>* Learning to share and live side by side in harmony and cooperating with others.</li> <li>* Developing patience, tolerance and love.</li> <li>* Learning to experience hardship.</li> </ul>
3	<p>9<sup>th</sup> Hijr - Day 2 of Hajj</p> <p>Set out to Arafat after fajr namaz</p> <p>1. Visit Mount Arafat</p> <p>2. Visit Namara Mosque</p> <p>Set out for Muzdalifah after sunset.</p> <p>Bukhari vol 2</p>	<ol style="list-style-type: none"> <li>1. Mount Arafat (Mount of Mercy) – make zikr and dua. Stand before the creator and pray abundantly.</li> <li>2. Spend time praying and repenting</li> <li>3. Pray to Allah the merciful to ask for forgiveness.</li> </ol> <p>Devote all day praising and glorifying Allah.</p> <p><b>Quran 2:198</b></p> <ol style="list-style-type: none"> <li>4. Perform Zuhr and Asr namaz only. (If possible pray namaz in Namara Mosque and listen to Khutba)</li> </ol> <p>Bukhari vol 2</p>	<p>Arafat</p> <p>Near Jaba-e Rahmet or anywhere else within the area.</p>	<p>A blessed day to stand before the creator, gain closeness to Allah and seek forgives of sins and spiritual enlightenment.</p> <p>Day of reflection Day of soul searching Day of cleansing the heart Day of repentance Day of forgiveness</p> <p><b>Quran 2: 198-201</b></p> <p>At Mount Arafat the Prophet Muhammad gave his famous Farewell Sermon in his final year of life 632 AD</p> <p>This is when the prophet revealed a verse of the Holy Qur’an stating that on the day of Arafah the Islamic religion had been completed.</p> <p><b>Rahman 1976, Lings 1983, Bukhari vol 2</b></p>
4	<p>9<sup>th</sup> Hijr - Day 2 of Hajj</p> <p>Arrive at Muzdalifah</p> <p>Stay the night</p> <p>Bukhari vol 2</p>	<p><b>Engage in prayers in these blessed and auspicious nights.</b></p> <ol style="list-style-type: none"> <li>1. Pray Maghrib and Isha namaz with one Azan</li> <li>2. Collect 70 pebbles to throw at shaytan in Mina</li> </ol> <p>Bukhari vol 2</p>	<p>Muzdalifah</p> <p>Mashur -e-Haram or anywhere.</p>	<p>Muzdalifah which means “a place with zulfa” – ie that brings one close to Allah.</p> <p>With insufficient facilities and little comfort, sleeping on rugged ground and open sky gives us a sense of lowliness and help us to reach Allah. Our thoughts and reflection guide us to the realisation of Greatness of Allah and the enemy Shaytan, hence preparing us for next stage of Hajj- Jamarat (stoning of the devil)</p> <p><b>Bukhari vol 2, Lings 1983</b></p>

5	<p>10<sup>th</sup> Hijr - Day 3 of Hajj. Before sunrise proceed to Mina for:</p> <ol style="list-style-type: none"> <li>1. Rami - Jamarat for stoning.</li> <li>2. Qurbani - Sacrifice of animal.</li> <li>3. Halaq /Qasr - Hair cut.</li> </ol> <p>Return to Makkah for Tawaaf Zariah &amp; Sa'ee</p> <p>Bukhari vol2</p>	<p>In Muzdalifah , perform fajr namaz before setting out to Mina</p> <ol style="list-style-type: none"> <li>1. Rami – Pelt 7 stones at the large Jamarat - Al Aqabah (shaytan)</li> <li>2. Nahr – offer animal sacrifice (Qurbani)</li> <li>3. Halaq / Qasr – have head shaved (men), hair cut (ladies)</li> </ol> <p>After hair cut: Men can remove Ihram</p> <p><b>Quran 22:32 , Quran 22:34, Quran 2:196</b> <b>Quran 22: 36-37</b> Bukhari vol 2 , Lings 1983</p>	<p>Mina</p>	<p>Remembering Prophet Ibrahim who was distracted by Shaytan.</p> <p>Jamarat Al Aqabah represent ‘the Great Devil’ who three times tried to persuade Abraham to disobey God's command to sacrifice his son. Pebbles hurled at the pillars symbolises the rejection of the Devil and all his works. Quran ... reference</p> <p>The pilgrims sacrifice a sheep, recalling how Abraham sacrificed a sheep that God had provided in place of his son. <b>Quran 37:102-107</b></p> <p>Shaving the head is an act of devotion, renouncing the world for the love of God. It symbolises the shedding of worldly attachment for the love of Allah.</p> <p>Bukhari vol 2</p>
6	<p>10<sup>th</sup> Hijr - Day 3 of Haj</p> <p>Arrive in Makkah:</p> <ul style="list-style-type: none"> <li>* Perform Tawaaf Zariah.</li> <li>* Pray 2 rakat namaz</li> <li>* Perform Sa'ee</li> </ul> <p>Return to Mina for Jamarat</p> <p>Bukhari vol 2</p>	<p>Pilgrims return to Makkah and perform Tawaaf Zariat also known as Tawaf Al Ifada</p> <p>Pray 2 rakat nafil namaz behind Maqam Ibraheem (or anywhere near by)</p> <p>Complete Sa'ee</p> <p>Bukhari vol 2</p>	<p>Makkah</p> <p>Al Haram Masjid</p>	<p>After performing the Qurbani and the shaving or shortening of the hair, pilgrims re-visit the Al Haram Masjid to perform Tawaaf Al Ifada.</p> <p>Tawaaf Al Ifada means “pouring forth” into Makkah from Mina. It signifies being in a hurry to respond to God and show love for Him.</p> <p>This Tawaaf has the same significance as the tawaaf on arrival to Al Haram Masjid</p> <p>After performing Tawaf-al-Ifadah, the pilgrim releases himself from Ihram for the biggest release (al-Tahalul al-akbar) i.e. the pilgrim is allowed to do everything, which was previously restricted due to Ihram.</p> <p>Bukhari vol2</p>
7	<p>11<sup>th</sup> Hijr - Day 4 of Haj</p> <p>In Mina</p> <p>Stay night</p> <p>Bukhari vol 2</p>	<p>Pray the daily and night prayers in Mina.</p> <p>Visit Jamarat and pelt 21 stones at shaytan :</p> <p>As-Sughra, Al-Wusta and Al- Aqabah</p> <p>Bukhari vol 2, Lings 1983</p>	<p>Mina</p>	<p>Jamarat represent the stoning of 3 pillars where Ibrahim and his family resisted the temptations and stoned the devil.</p> <p>Bukhari vol 2</p>

8	<p>12<sup>th</sup> Hijr - Day 5 of Hajj</p> <p>Repeat Jamarat - stoning of shaytan</p> <p>Leave for Makkah before sunset</p> <p>Bukhari vol 2</p>	<p>Jamarat for stoning (continued). Pelt remaining 21 stones at shaytan: As-sughra, Al-wusta and Al-Aqabah</p> <p><b>Quran</b></p> <p><b>Bukhari vol 2</b></p>	Mina	<p>Jamarat represent the stoning of 3 pillars where Ibrahim and his family resisted the temptations and stoned the devil.</p> <p><b>Bukhari vol 2</b></p>
9	<p>12<sup>th</sup> Hijr - Day 5 of Hajj</p> <p>Perform Tawaf Zariah</p> <p>Hajj complete</p> <p><b>Bukhari vol 2</b></p>	<p>Perform Tawaf Al-Wadaa (farewell)</p> <p>2 rakat nafil namaz and do Sa'ee</p> <p><b>Bukhari vol 2, Mubarakpuri 2002</b></p> <p>If time permits visit historical sites:</p> <p>Mount Hira (Mountain of Light)</p> <p>Jannatul Maula.</p>	Makkah	<p>Marks the completion of Hajj. Saying farewell to the House of Allah</p> <p>Mount Hira – Prophet Muhammed received the first revelations of the Holy Quran during the month of Ramadhan in 610 CE. The mountain is also known as Jabal Noor (the Mountain of Light).</p> <p><b>Mubarakpuri 2002 , Bukhari vol 2</b></p> <p>Jannatul Maula - Buried in this cemetery are Bibi Khadija (the first wife of Holy Prophet) and Qasim (Prophet's son), Asma Bint Abu Baker, Abu-Talib, Abdullah Bin Zubair, and other members of the Holy Prophet's family .</p>
10	<p>On other days</p> <p>Visit Medina</p> <p>Nabawi Mosque – green domed</p> <p>Quba Mosque</p> <p>Qublatain Mosque</p> <p>Jannatul Baqi (Garden of Heaven)</p> <p>Mount Uhud</p> <p><b>Bukhari vol 2</b></p>	<p>Upon reaching the Nabawi Mosque pray two Rakat of salutation namaz or perform any obligatory prayer that is due.</p> <p>Pray darood sharif and make duas</p> <p>Pray at the garden of paradise known as 'Raudhah' Mubarak – green carpet area for women.</p> <p><b>Bukhari vol 2</b></p> <p>Pray rakat salutation namaz at Quba Mosque and Qublatain Mosque</p>	Medina	<ul style="list-style-type: none"> <li>• Nabawi Mosque built by the Prophet Muhammed. It is the resting place of Prophet Muhammed, Caliphs Abu Bakr and Umar.</li> <li>• Quba Mosque was the first mosque built by the Prophet in Region of Quba in Medina</li> <li>• Qublatain Mosque- Mosque of the Two Qiblas.</li> </ul> <p>In Rajjab 2 AH the revelation of the Quran came to change the direction of the Qibla from Bait-al-Maqdis in Jerusalem (Al Aqsa) to the Ka'bah in Makkah. <b>Quran 2: 142 -144, Quran 2: 149-150 Bukhari vol 2 , Rahman 1979, Lings 1983, Mubarakpuri 2002</b></p> <p>Jannatul Baqi - the blessed and spiritual graveyard where lies the companions, wives, daughters and other family members of Prophet Muhammed.</p>

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